



Reader's Club Guidelines

Prepared for: New Reader's

Prepared by: Ankita Pandey & Ajay

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PURPOSE:

Reader's Club is an initiative to inculcate the habit of reading primarily among those who want to get into it but are unable to.

ABOUT THE CLUB

Who is this program for?

"I want to get into the book reading habit but am unable to."

"I like to read but it's long since I could not get time to read."

"I love reading but unable to make out time for that."

"I want to start reading. Which book should I start with.?"

Have you ever said any of the above sentence in the last 3 months? And would like to work on it? If yes, let us connect.

How long would this program be?

1 month

How much time you need to dedicate to this each day?

25 mins

What is the fee for the program?

Read 1 book. You need to assure that you complete reading 1 book during the course of this program.

Why should you join this particular program for getting into the reading habit?

You may not. As long as there is any program which is helping you getting into the reading habit, you are free to join any.

How is this reading program different?

- 1-2-1 attention (understanding why and where exactly are you stuck)
- Performance tracker (daily basis)
- Group motivation
- Personalised book recommendation

How would the mentor know about me or my reading habit?

Once you are invited by any existing member, you would be receiving a link to Google Document and would be requested to fill certain questions. These questions helps the mentor to understand you and your reading habit better.

WEEKLY SCHEDULE

Week 1 (Anytime during 1st to 6th of the month)

- Physical or virtual meeting with the mentor and trying to figure out why exactly you (the reader) are not able to get into the habit
- Selecting a book for reading
- Start preparing your mind for the program
- Things to prepare yourself for:
 - 25 mins of undisturbed reading starting next week
 - The reading to be completed within 2 pm each day
 - Preferably a fixed time of reading for the next 21 days
 - Share your reading in the group

Week 2 (Starting 7th day of the month)

- Read for a minimum of 25 minutes straight before 2 pm each day
- Maintain the stated time (Refer to week 1)
- Keep a timer on your mobile or alarm clock and set aside your mobile phone (silent mode)
- Prefer to read in silence and be alone
- Try to fix a time for reading (e.g. between 7:00 to 8:00 a.m.).
- Share in the group about your daily reading
- Share about the lessons learned from the book during the program

Week 3 (Starting from 14th day of the month)

- Follow points stated in week 1
- Discuss 1-2-1 if you are facing any issues
- Introduction of night slot reading for next week i.e week 4 of the month
 - Read for 15 additional minutes in the next week but post 7 PM
 - Ideally this reading should be done just before you go to bed

Week 4 (Starting from 21st day of the month) and end of the month

- Night shift reading begins i.e 15 mins post 7 pm (ideally before you go to bed)
 - By the end of the month, new readers will gift each other a book of their choice
 - By the end of the month, all readers would be asked to recommend reader's for next batch
 - By the end of the month, make a bucket list of books that the reader would like to read by November
 - December will be kept for re-reading the same book or if in any case a book is left from the list then the reader will get the time to finish it by December
 - If you think the course helped you, feel free to spread the same (through messages or social media) for more people to benefit from it. Make sure to spread what you have learned.
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THINGS TO DO IN GENERAL

Reading suggestions:

- Use a marker, pencil or finger tip to read faster
- Following gratitude towards to book (mention the book name 2-3 times)
- Update in the group after reading as it inspires others and helps to become consistent
- Share snippets in the group of any lesson or quote from the book
- After completing the book take a pause and think who recommended the book? Why recommended? What did you get out of the book? What key takeaway you would like to share?
- Try to save snippets of books in a single folder
- After completing one month the readers will have one day break from reading.
- The reader may start a physical exercise (may be even a walk) on Friday and start to inculcate a new habit.

“It is not important that we win a race, important is we run.”

- Ajay

READER'S CLUB

MEMBERS OF THE CLUB (MAY 2023)

Name	Joining	Still a member?
Ajay Binani	May 2022	Yes
Agnani Deb	May 2022	Yes
Trisha Khan	May 2022	Yes
Anamika Roy	June 2022	Yes
Somali Sharma	June 2022	Yes
Dipak Singh	June 2022	Yes
Chaitali Chowdhury	June 2022	Yes
Harsh Daga	June 2022	Yes
Ankita Pandey	June 2022	Yes
Puja Binani	July 2022	Yes
Sneha Saha	July 2022	No
Chandrima Das	July 2022	No
Saloni Jain	July 2022	No
Sulagna Bhattacharjee	July 2022	Yes
Rudranil Bose	July 2022	Yes
Madhulagna Banerjee	July 2022	Yes
Sonika Bhudolia	Aug 2022	No
Madhuja	Aug 2022	No
Amisha	Aug 2022	No
Leah	Sep 2022	Yes
Oishiki	Sep 2022	No
Atreyi Dutta	Sep 2022	Yes
Kashika Arora	Nov 2022	Yes
Mowsumi	Nov 2022	Yes
Surbhi Daga	Nov 2022	Yes
Mayank Bhawsingka	Nov 2022	Yes
Devyani Bantthia	Dec 2022	No

Name	Joining	Still a member?
Nikhil Dhoot	Dec 2022	Yes
Souhardya	Dec 2022	Yes
Pawan Gupta	Jan 2023	Yes
Nidhi	Jan 2023	No
Archana Binani	Feb 2023	Yes
Rupsha Roy	Feb 2023	No
Mohit Pachisia	Feb 2023	Yes
Pratik Mittal	Feb 2023	No
Ruchika Agarwal	Feb 2023	Yes
Saibal	Feb 2023	Yes
Souhardya	Feb 2023	Yes
Amit Rathi	Feb 2023	Yes

“40 members joined, 28 continue to be a part of this journey”

“10+ members have completed 100 days of reading”

